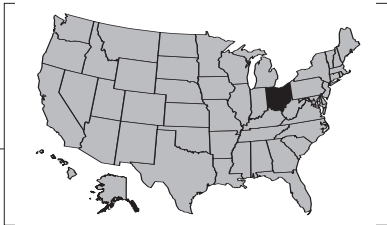


The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005



Ohio

All statistics are based on parental reports.

	National %	State %
Percent of children who are overweight	14.8	14.2
Age 10-11	21.9	21.7
Age 12-14	14.4	12.3
Age 15-17	10.7	11.4
0-99% Federal poverty level	22.4	17.2
100-199% Federal poverty level	19.0	22.4
200-399% Federal poverty level	13.7	10.6
400% Federal poverty level or more	9.1	8.6
Male	18.1	16.7
Female	11.5	11.5
Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week	71.3	69.9
Age 10-11	78.2	74.9
Age 12-14	74.2	72.7
Age 15-17	63.3	63.8
Male	76.8	76.0
Female	65.6	63.5
Percent of children who were on a sports team or took sports lessons during the past 12 months	58.6	62.8
Age 10-11	61.5	70.2
Age 12-14	61.6	64.0
Age 15-17	53.4	57.0
Male	62.1	68.8
Female	55.0	56.5
Percent of children with at least one parent who exercises regularly	72.9	73.4